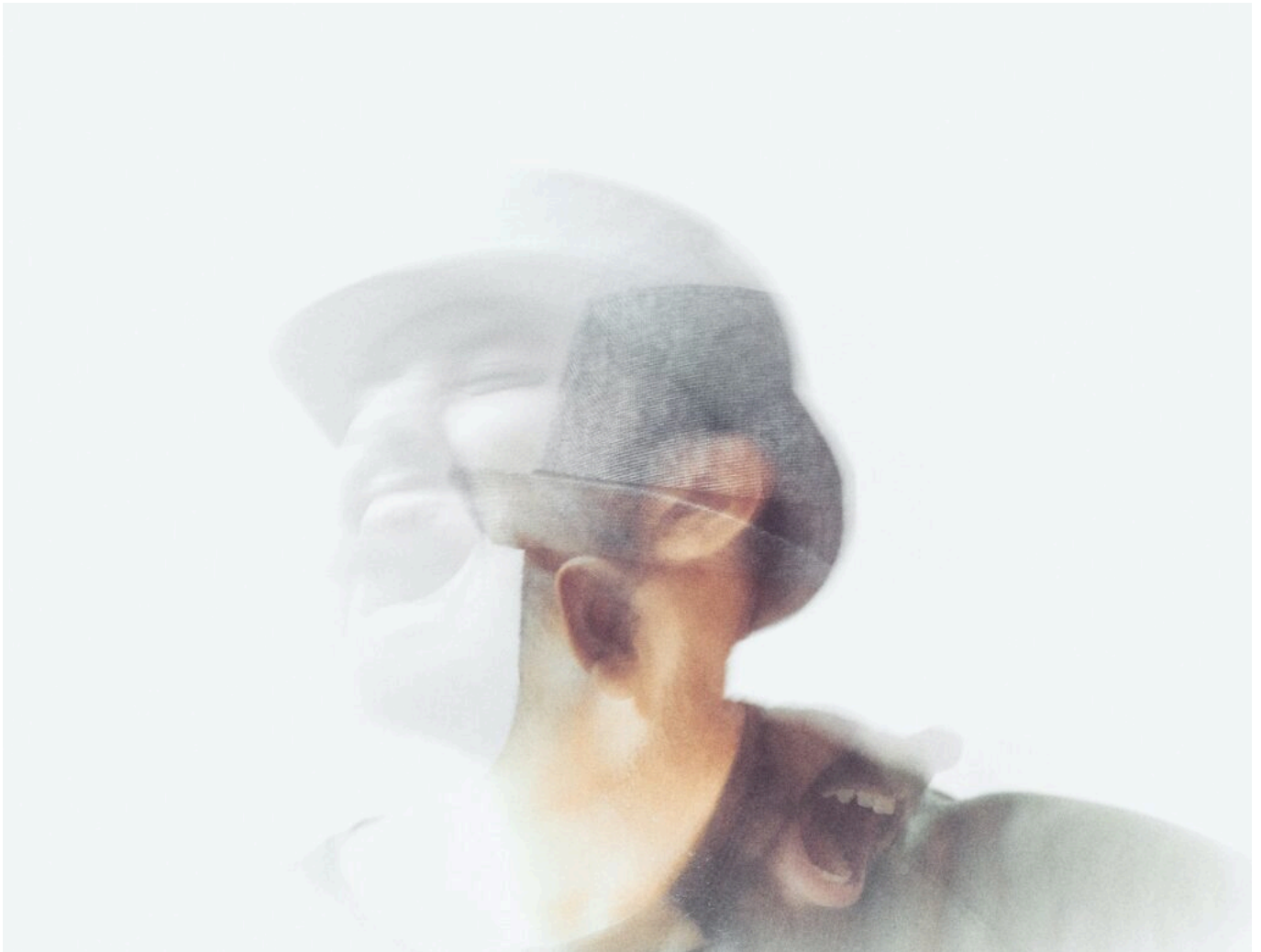


Fixed Mindset



A term first coined by psychologist Carol Dweck, someone with a “fixed mindset” believes that their intelligence and abilities are fixed and cannot change (i.e. “I’m just bad at math. I’ll never get any better at it.”) Students with a fixed mindset may believe that talent alone creates success — without effort. A fixed mindset can impede a student’s success in a course or in higher education in general.

Photo courtesy of [Abishek](#) on [Unsplash](#).